

# Online Tools

Whether you need to see how much a doctor billed, look up prescription costs, or learn more about your benefits, *My Health* is your source for personal plan information. *My Health* is available 24 hours a day, seven days a week at **selecthealth.org** or through our mobile app.

## WALLET FULL OF CARDS?

No worries—view and print copies of your ID Card from the app.

## NO NEED FOR PAPER CLAIMS

See how much your doctor billed and what you are responsible to pay.

## YOU'VE GOT A LOT TO REMEMBER

We keep track of year-to-date totals, such as your deductible and out-of-pocket maximum.

## PRESCRIPTION DRUGS

Access your pharmacy benefit information, claims, prescription history, and lower-cost drug alternatives.

## REQUEST A CALL

Use our call request feature to get in touch with Member Services. You can schedule an immediate call or set a time for us to call you back.



**NEED MORE INFORMATION?**

**WEB**  
**selecthealth.org**

**ANDROID APP ON Google play**   **Available on the App Store**

**PHONE**  
**Member Services**  
**800-538-5038**

